

PROCEDURES:

1. All cheer Squad members will sign in at the beginning of practice. If you are not signed in you will have to have an excuse from a parent, guardian, or teacher.
2. When another school activity interferes with Cheer Squad you will have to learn the new cheers and/or routines on your own before the next game.
3. You will have to dress out in appropriate work out clothes, socks, and tennis shoes. No sandals or bare feet are allowed at practice or at games or events.
4. You may get a snack and drink BEFORE practice starts, but you must clean up after yourselves if you want to keep this privilege.
5. Practice starts at 3:40 sharp. You must be dressed out and ready to work out. We will use the locker room in the gym to change and you must clean up the locker room after yourselves.
6. Parents need to make arrangements beforehand if they want to come to the practice.
7. No one except Cheer Members will be allowed in the practice without Cheer Sponsor approval first.
8. Competition between squads is acceptable, but there must be no put downs of others. If you are really good and maybe even better than other girls you will shine without being rude or putting others down to make yourself feel better. You are a TEAM and as such you should use your talents to help others on your team excel.
9. We all make mistakes, so practice is VERY important. Practice is for bringing in new cheers that you have heard or made up. You can try them on your peers and Cheer Squad Sponsor at this time.
10. No new cheers are allowed without the approval of the Cheer Squad Sponsor. Absolutely no new cheers are allowed on the field during a game.
11. Appropriate attire at the game is required. You cannot change or alter the uniform in any way without prior approval of the Sponsor.